

SUTTON FEAST BEAST 7

A MULTI-TERRAIN RACE OF APPROX. 7 MILES



Held under UKA rules. SEAA Permit applied for.
This event is not suitable for wheelchairs.

Sunday 27th June 2010 at 11.00am

**Starting at the New Pavilion, Sutton-in-the-Isle, Ely, Cambridgeshire.
There will also be a 2 mile family fun race at 10.00am.**

The race is part of the Feast week village celebrations and will again be one of the A1 series of races (see over for details of other races in the series).

**Car parking, changing area, showers, toilets and refreshments are available.
Level one first aid cover throughout the duration of the event.**

Fast, fairly flat, one lap, scenic, multi-terrain Fenland course (time limit 90 minutes)
Entries: £7.00 affiliated, £9.00 unaffiliated (+ £1 on the day)

1st, 2nd, 3rd M&F prizes plus age group categories team and spot prizes:

Male: 15-44, 45-54, 55+
Female: 15-39, 40-49, 50+

Trophies and/or prizes for all category winners, including teams, and T-Shirts to all finishers

Race entry form and race information available on www.suttononline.org

The race is sponsored by Brookes, Science in Sport and Advance Performance and supports Sue Ryder Care

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SFB7 OFFICIAL USE ONLY	Category	Race No
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Full Name.....**M/F**..... **Affiliated Club**.....

Address.....**Post Code**.....

Tel No**Email** (confirmation will be by email wherever possible enclose an SAE for postal confirmation).

All race numbers must be collected from the registration desk on the race day)

Date of Birth**Age on race day** years and please tick box below

Age group categories: Male: 15-44 45-54 55+
 Female: 15-39 40-49 50+

Please indicate your T-Shirt size: S / M / L / XL

I declare that, on the day of the race, I will be 15 YOA or over. I am an amateur as defined by UKA rules. I am medically fit to run 7 miles. I run entirely at my own risk and that the organisers will not be held responsible for any injury sustained during, or as a result of, taking part in this event or for any loss or damage to property whatsoever.

Signed.....**Date**.....

Entry fee enclosed £.....(cheques made payable to ‘Sutton Feast Committee’)

Please send form with cheque, and an SAE if necessary , to:

Race Secretary, 2b, Victoria Place, SUTTON, Ely, Cambs, CB6 2NP

Closing date for postal entries 20th June 2009





The A1 Series 2010

Further details available on www.advanceperformance.co.uk

Folksworth 15M 24 January 2010

Folksworth Village Hall/Primary School, Folksworth 11am

Entries: Claire Piercy 15race@yaxleyrunners.org

Cost: £15 attached, £17 unattached Closing date for entries: Sat 16 Jan 2009

Course not suitable for wheelchair competitors www.yaxleyrunners.org.uk

Thorney 10k 28 March 2010

Bedford Hall, Thorney, Peterborough. 10.30am

Entries: Keith Hall, 20 St Mary's Close, Thorney, Peterborough, PE6 0SJ

Cost: £7 Attached, £9 Unattached. £1 extra on day Entries online. NO entries on day

Course not suitable for wheelchair competitors www.thorneyrunningclub.co.uk

Eye 10k (& Fun Run) 9 May 2010

Eye Primary School, Eyebury Road, Eye, Peterborough 11.00am

Cost £7.50 Attached, £9.50 Unattached £1 extra on day. £3.50 Fun Run

Cheques payable to: Eye Community Runners. Entries taken on-line. Race Limit 550

Course not suitable for wheelchair competitors. www.eye10k.co.uk

The Abbey 10k (& 3K Fun Run) 13 June 2010

One Leisure Hollow Lane, Ramsey, Cambs 11.00am

Entries: A Graham, 6 Sunfield Road, Bury, Ramsey, Cambs, PE26 2NN Race limit 500

Cost: £9 affiliated, £11 unattached £2 extra on the day Cheques to: Ramsey Road Runners

Course not suitable for wheelchair competitors www.ramseyroadrunners.org.uk

Sutton Feast Beast 7 Mile (multi terrain) & 2mile Family Run 27 June 2010

Sutton-in-the-Isle, Ely 11am

Entries: Mrs T A Robinson, 2b Victoria Place, Sutton, Ely CB2 2NP

Cost: £7 affiliated, £9 non affiliated. £1 extra on day Cheques to: Sutton Feast Week

Course not suitable for wheelchair competitors

The March 5 Spud Run (& 1.5m Fun Run) 4 July 2010

Elm Rd Sports field, Elm rd, March 11 am

Cost £7 affiliated, £9 non affiliated, Fun Run £2 Entries online & on the day

Course not suitable for wheelchair competitors www.marchathletics.co.uk

Bushy 10K (& 3K Fun Run) 11 July 2010

Bushfield Sport Centre, Orton Centre, Peterborough, PE2 5RQ 11am

Entries: Alan Miles, 12 George St, Woodston, Peterborough, PE2 9PD

Cost: £8 attached, £10 Unattached, Fun Run £3 Cheques to: Bushfield Joggers

Course not suitable for wheelchair competitors www.bushfieldjoggers.co.uk

Thorney 5 Mile 15 August 2010 Details as for Thorney 10k above 10.30am

Nene Valley 10M 5 December 2010

The Cresset, Bretton, Peterborough 10.30am

Entries: Mr Dave Robson, 13 Rock Road, Peterborough, PE1 3BU Closing date: 27 Nov

Cost: £8 attached, £10 unattached Cheques Payable to: Nene Valley Harriers

Course not suitable for wheelchair competitors www.nvh.org

